

Nacogdoches Recycling Resources

Lawn Care:

- **Composting**—Nacogdoches County Extension Office: (936) 560-7711.
Link on KNB web-site.
- **Rain Water Harvesting**—Nacogdoches County Extension Office: (936) 560-7711.
Look for workshops.

Recycling in Nacogdoches:

- **Car Batteries**—Wal-Mart, Nacogdoches Metal Recycling (552-7555)
- **Household Batteries** (rechargeable) – Radio Shack, Lowes, Staples
- **Ink Cartridges**—Staples, Christ Episcopal School, Keep Nacogdoches Beautiful, Cartridge World
- **Building Supplies**—Habitat for Humanity Restore
- **Aluminum Cans**—Nacogdoches Metal Recycling, donate to: Animal Shelter (560-5011) or the Senior Center (569-6350)
- **Scrap Metal**—Nacogdoches Metal Recycling, (936) 552-7555
- **Compact Fluorescent Light Bulbs**—Home Depot (Lufkin) & Ikea Stores (Houston and Round Rock).
- **Packing Peanuts**—The UPS Store, 3205 N. University Dr (559-5614)
- **Wire Hangers**—Some dry cleaning stores.
- **Computers**—Goodwill Industries, 503 E. Main
- **Televisions**—Best Buy. Contact store for more details: (936) 699-1100
- **Stop Junk Mail**—Catalog Choice web-site: <http://www.catalogchoice.org/>

Keep Nacogdoches Beautiful

Nacogdoches Recycling Resources (beyond the *Blue Bag*)



Mission Statement: *To enhance our community by encouraging individual responsibility*

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Learn How to be an Environmental Shopper

We're accustomed to making choices at the grocery store. What brand to buy, what size container to purchase, is it a good value, will the family like it, will it be good for them—these are some questions we are faced with each time we enter a supermarket.

Today, however, the choices we make at the grocery store have an impact on more than just our families, but the environment in which we live. Buying smart saves resources, reduces energy consumption, conserves space in landfills and protects our water supply.

Americans produce an average of over a half a ton of garbage per person every year — about 3 1/2 pounds a day. And the figure continues to increase. In a life-time, the average American will throw away 600 times his or her adult weight in garbage. If you add it up, this means that a 150 pound adult will leave a legacy of 90,000 pounds of trash for his or her children. —*The Recycler's Handbook*

You can help solve this problem by becoming an environmental shopper. All you have to do is learn the “Five Rs” of environmentally –friendly shopping:

Reduce the amount of waste thrown away each day

Recycle as much as possible

Reject excessive packaging, non-recyclable packaging and products harmful to the environment and you.

Reuse containers and products

React and contact manufacturer's to let them know what you like or dislike about their product

Remember:

You, the consumer, determines what goes into our landfills!

R educe

- Don't buy products sold in single-serving packages. This will cut down on packaging waste.
- Using concentrates, whether orange juice or laundry detergent, reduces the amount of packaging you throw away.
- Combined products—detergent plus bleach, for example cuts down on packaging waste.
- Avoid disposable products. Purchase products that can be reused several times before being discarded.
- Use washable plates and cups for eating and drinking instead of disposable ones.
- Pack leftovers and lunches in reusable containers instead of plastic wraps and bags.
- Purchase products that tend to have a long shelf-life or buy products that you use most often in a larger size.
- Use canvas or mesh bags for groceries instead of paper or plastic bags.
- Use your own mug when buying coffee.

R ecycle

- Choose packaging made of materials that be recycled in your area, if possible.
- Buy products in aluminum cans instead of bottles. Aluminum can be recycled over and over and it takes only a short time for a recycled can to reappear on store shelves.
- Recycling only works if we buy recycled products. If there isn't a market for recycled products, manufacturers won't continue using recycled materials in their products. Look for packaging made of recycled materials and buy products made of recycled materials.
- Manufacturing recycled products creates less air and water pollution than manufacturing from raw materials.
- The Blue Bag curb-side program in the city of Nacogdoches was suspended July 1, 2009. Paper and cardboard will continued to be accepted at the Central Recycling Drop-off Station (located at the Nacogdoches City Landfill).
- See the *Nacogdoches Recycling Resources* section of this brochure for other venues for recycling in Nacogdoches.

R eject

- Prepare meals using fresh ingredients. This process eliminates excess packaging (and they will be more nutritious!)
- When buying fruits, meats and vegetables, try to buy those with less packaging. For example, bulk produce has less packaging than shrink-wrapped portions. Most fruits and vegetables can travel loose in the grocery cart and shopping bag. They don't need to be placed in separate plastic bags.
- One large container uses far less packaging than several small ones. Buy the largest container you can use.
- Avoid single-serving packages.
- Avoid products packaged in single-use microwave containers. It only takes a minute to transfer food to a reusable microwave cooking dish.
- Avoid products with multiple layers of packaging. Individual servings wrapped in plastic inside a plastic-wrapped box with a foil liner has excess packaging!
- Avoid products that are unnecessarily boxed. (Does a sealed bottle really need to be inside a box?)
- Look for hardware items, cosmetics, kitchen aids, pencils and other items without packaging.
- If food from a restaurant or deli is to be eaten on the premises, avoid excessive wrappers and sacks for carry-out orders.

R euse

- Purchase products in containers that can be reused for other purposes.
- Take shopping bags to the store and reuse them instead of getting additional bags each time you shop.
- Donate gently used furniture, clothing and small appliances to charitable organizations such as Goodwill Industries or the Women's Shelter Thrift Shop.

R eact

- Write or call manufacturers to tell them what you like or dislike about their product's packaging. Most products have an address, web-site address or a toll-free telephone number on the package.
- Call or write the producers to tell them your concerns, and request that your grocer stocks products that are environmentally friendly.